

BUFFALO **Stampede**

FESTIVAL

— 22-24 MARCH 2024 —

PRESENTED BY



EVENT GUIDE
2024

SingleTrack Events

CELEBRATING 10 YEARS 2014 - 2024

Anniversary

2014
2024

Welcome to the 10th Edition of the Buffalo Stampede Festival, celebrating 10 Years of trail runners from across the Nation gathering in Bright, Australia's Home of Trail Running.

Welcome to the Pavilion at Pioneer Park, Bright, the new forever Trailhead for our event across the next Ten Years and beyond. This year you will notice the buzz, the energy, that something special is taking place.

We have the biggest fields we've ever assembled; we have courses which will challenge the mind and take you to that beautiful place of chosen pain, and we have iconic landscapes which will inspire even the tireddest souls to keep putting one foot in front of the other.

What new memories will be created in 2024?

Share your story  @buffalostampede_au

#FindYourEpic #runwithnature #buffalostampede2024





TABLE OF CONTENTS

- 6** EVENT SCHEDULE
- 9** THINGS TO DO AROUND TOWN
- 10** PARKING AND TRANSPORT
- 12** MANDATORY GEAR
- 14** AID STATION SUPPLIES
- 16** MYSTIC PARK MAP AND HIVEPASS
- 19** RACE RULES
- 20** BRIGHT ULTRA 100K
- 27** BRIGHT ULTRA 100K TEAM RELAY
- 28** SKY MARATHON 42K
- 32** SKY RUN 20K
- 34** SKY SPRINT 10K
- 36** BRIGHT ULTRA GRAND SLAM 152K
- 36** BUFFALO STAMPEDE GRAND SLAM 72K
- 38** FAMILY 5K
- 40** JUNIOR 2K
- 42** MERCH

SingleTrack Events

SingleTrack Events acknowledges the Dhudhuroa, Gunai-Kurnai, Taungurung, Waywuru and Jaithmathang as the First Peoples and Traditional Custodians of the Alpine Shire, and pay our respect to their Elders, past, present and emerging.

EVENT SCHEDULE

BUFFALO Stampede

FESTIVAL

22-24 MARCH 2024

TUESDAY, MARCH 19 RACE BRIEFING

7:30 PM Race Briefing - 100k Bright Ultra and Team Relay

THURSDAY, MARCH 21 FILM NIGHT AT BRIGHT BREWERY

6:00 PM Event Doors Open

6:30 PM Meals Served (order and pay yourself)

7:15 PM Film Start

8:00 PM Finish

FRIDAY, MARCH 22

9:00 AM ASICS Shakeout Run - The Paddock, Bright Brewery

10:00 AM Stretch on the Paddock with Georgina Campbell

2:00 PM Event Doors Open

2:00 PM Registration Opens - Sky Sprint 10k, Sky Run 20k and Bright Ultra 100k (mandatory gear check + drop bags)

4:00 PM - 9:00 PM Food Vendors + Bright Brewery Bar

5:00 PM Race Briefing - Bright Ultra 100k

5:45 PM Race Briefing - Sky Sprint 10k

6:00 PM START - Sky Sprint 10k

6:50 PM First Finisher - Sky Sprint 10k

7:20 PM Sunset

7:30 PM Podium Presentation - Sky Sprint 10k

9:00 PM Sky Sprint 10k Cut-off (3 hours)

9:00 PM Registration Closes

SATURDAY, MARCH 23

5:00 AM Registration - Bright Ultra 100k (mandatory gear check) and Sky Run 20k

6:00 AM START - Bright Ultra 100k

6:45 AM Race Briefing Sky Run 20k

7:00 AM START - Sky Run 20k

8:40 AM First Finisher - Sky Run 20k

11:00 AM - 2:00 PM Food Trucks + Bright Brewery Bar

11:15 AM START - Family Trail Run 5k

12:00 PM START - Junior Trail Run 2k

1:00 PM Sky Run 20k Cut-off (6 hours)

1:00 PM Podium Presentations - Sky Run 20k, Family Trail Run 5k, Junior Trail Run 2k

4:00 PM Registration Opens - Sky Marathon 42k (mandatory gear check)

5:00 PM First Finisher - Bright Ultra 100k

5:00 PM - 8:30 PM Food Trucks + Bright Brewery Bar

7:19 PM Sunset

7:30 PM First Female - Bright Ultra 100k

8:00 PM Registration closes - Sky Marathon 42k

8:00 PM Bright Ultra 100k Finishers all through the night

SUNDAY, MARCH 24

5:20 AM Shuttles Depart for Mount Buffalo Chalet

7:00 AM START - Sky Marathon 42k

10:00 AM Bright Ultra 100k Cut-off (28 hours)

10:30 AM First Finisher - Sky Marathon 42k

11:00 AM - 5:00 PM Food Trucks + Bright Brewery Bar + Live Music

1:00 PM Podium Presentations - Bright Ultra 100k, Sky Marathon 42k, Bright Ultra Grand Slam 152k, Buffalo Stampede Grand Slam 72k, Bright Ultra 100k Team Relay

6:00 PM Sky Marathon 42k Cut-off (11 hours)

7:00 PM - 9:00 PM After Party at Bright Brewery

7:17 PM Sunset



Add protection
to every trail run

Move your mind with ASICS.



TRABUCO MAX™ 3

The TRABUCO MAX™ 3 is suited for the trail runner looking for maximum protection and cushioning for every distance and every trail surface.

FF BLAST™ PLUS technology in the midsole helps create effortless impact absorption while propelling your momentum forward.

GUIDESOLE™ technology is strategically positioned to create an easy forward roll.

ASICSGRIP™ outsole rubber helps increase traction on off-road surfaces.



LEARN MORE
ABOUT
TRABUCO MAX™ 3



THINGS TO DO AROUND TOWN

BOMBS AWAY!

Here are the best Swimming holes nearby Bright that you and the crew need to cool down before or after your run. Checkout the Capra Map Buffalo Stampede Collection for the direction to each one.

The Dredge Hole Harrietville

This is an old gold mining dredge that has created a big swimming hole near Harrietville with a jetty and plenty of space to chill.

Lake Catani Jetty

Head up Mount Buffalo and cheer the 100k runners on Saturday as they run past the iconic Lake Catani jetty while you bath in the cool mountain lake.

Sinclair's

Head here for the most accessible waterfall and river swimming joint in the Alpine Valleys, near the Buckland Aid Station.

Lady Bath Falls

Popular waterfall and swimming spot to stop off on the drive up Mount Buffalo.

HIRE A BIKE!

Hire a bike and shred some trails in Mystic Bike Park. Or get a hire bike and head to one of the region's wineries or Nightingale's Alpine Apple orchard in Wandi and stick to the Rail Trails.

EAT AND DRINK LOCAL

Coffee

- Clean Bowled
- Sixpence Coffee Roaster
- Ginger Baker

Breakfast

- Wild Thyme for Vegan Fare
- Clean Bowled for acai bowls
- Ginger Baker for the best hotcakes around

Lunch

- Burgerville is open 7 Days 12pm - 8pm
- Gum Tree Pies for an incredible range
- Beechworth Bakery and Morses Creek Bakery for a range of sweet and savory baked goods and fresh made rolls and sandwiches
- Mr Poms for smoothies, juices, wraps and bagels

Dinner

- Don Mungos for pizza
- Tomahawks for ribs, ceviche, D.I.Y. tacos, cocktails and beers
- Hometown for pizza under the festoons with some amazing sides such as chilli and lemon squid and beer on tap
- The Alpine and The Star in Bright and Top and Bottom Pubs in Harrietville for your favourite steaks, parma's and more

Drink

- Bright Brewery for beer
- Reed & Co Distillery for a gin (or a fancy dinner!)



SPECTATORS AND CREW

The best way for the crew to make their way around the course is by car. If you don't have a car you will need to organise a carpool or simply find people at each aid station who are going to the next.

There are many places over the course where spectators and crew can see their runners. Please refer to the interactive [CAPRA Map](#) to find the best places to see them.

All Aid Stations are easily accessible in 2WD as well as all roads on Mount Buffalo. The only dirt roads are the last 2 km to the Baker's Gully Aid Station and from Cresta Valley to the Horn. If you want to drive to Clearspot to spectate or crew, please follow the CAPRA map route to the summit as it can be confusing to find your way.

GETTING TO THE STARTLINE FOR THE MARATHON ON SUNDAY MARCH 24

Start Address: Gorge Day Visitor Area (Mount Buffalo National Park)
Mount Buffalo Rd, Mount Buffalo VIC 3740

If you do not have a crew who can drop you off, then this will be your best option aside from organising a carpool.

There is limited parking at the Chalet for the Marathon Start. It will be first come first served. After this it will be a drop off ONLY. Please do not drive only yourself up there from Bright and plan to leave your car, since you may not find parking. If you plan to have your crew drive you up, be prepared for them to just drop you off and drive back down the mountain.

SHUTTLE TIMES

Runners will have to meet at the Shuttle Pick Up point in Pioneer Park at 5:10 am for a 5:20 am rolling departure.

PARKING AND TRANSPORT

CARPOOLING

Please reach out to the **Buffalo Stampede Community Facebook Group** to ask for a lift to the Event Village or anywhere you might need to go to crew or change team relay legs. One of the main purposes of this group is to make it easy for people to find a quick lift from their accommodation to the start line etc, from the community.



MANDATORY GEAR

	100K	Team	42K	20K	10K
Mobile Phone	✓	✓	✓	✓	✓
Capra App	✓	✓	✓	✓	✓
Fluid Capacity Minimum	2L	2L	2L (Hot)	1L	500ml
Waterproof Jacket With Hood	✓	✓	✓	Bad Weather	Bad Weather
Hivepass Membership	✓	Leg 1	✗	✓	✓
Snake Bandage	✓	✓	✓	✓	
Space Blanket	✓	✓	✓		
Full Fingred Gloves	✓	✓	✓		
Beanie Or Buff	✓	✓	✓		
Headtorch	Plus Spare Batteries	Leg 3 & 4			✓
Back Up Headtorch	✓	Leg 4			
Thermal Long Shirt	✓	✓	Bad Weather		
Thermal Pants	Bad Weather	Bad Weather	Bad Weather		
Waterproof Pants	Bad Weather	Bad Weather			
Collapsible Cup	Recommended	Recommended	Recommended	Recommended	Recommended

Bright Ultra 100k



Sky Marathon 42k



Sky Run 20k



Sky Sprint 10k



AID STATION SUPPLIES

	Bright Ultra 100k	Sky Marathon 42k	Sky Run 20k	Sky Sprint 10k
Water	All	All	All	All
Pure Electrolyte Hydration Lemon and Superfruits flavour	All	All	All	All
Pure Fluid Gels (4 Flavours)	All	All	All	All
Coca Cola And Ginger Beer	All	All	All	All
Chips	All	All	All	All
Lollies	All	All	All	All
Banana, Watermelon, Orange	All	All	All	
Snickers and Mars	All	All	All	
Brownie (Vegan+GF)	All	All	All	
Donuts	All	All	All	
Sugar and Salt	All	All	All	
Coffee, Tea, Milo	All, Not Bakers Gully	All, Not Chalet	All, Not Bakers Gully	
Cow Milk and Soy Milk	All, Not Bakers Gully	All, Not Chalet	All, Not Bakers Gully	
Cup of Noodles	All, Not Bakers Gully			
Cup O Soup	Chalet 40k Onwards			
Boiled Potatoes	Chalet 40k Onwards			
White Bread (GF Option)	Chalet 40k Onwards			
Peanut Butter	Chalet 40k Onwards			
Cheese Toastie (Vegan+GF Option)	Chalet 40k Onwards			

Nutrition Partner

PURE
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Designed to keep you moving.

Temporary relief for muscular aches & pains.



Arnica • Hypericum • Calendula • Menthol • Melaleuca

Contains menthol & naturally derived active ingredients.

Available from your local pharmacy, Coles, Woolworths & Chemist Warehouse.

Always read the label and follow the directions for use.



RACE RULES

- ✓ Entrants must not leave rubbish on the course. Carry it with you to the next aid station and deposit it there if there is a bin. Otherwise; carry it in – carry it out. Any runner found littering will be penalised by the Race Director in time or disqualification.
- ✓ Headphones are NOT permitted to be worn in Mystic Park or on the Big Walk on Mount Buffalo.
- ✓ Poles are allowed to be used by runners in ANY event and do not have to be carried the whole time (ie, runners can feel free to pick them up or drop them off to their crew at any point in the race)
- ✓ Crew can assist their runners at any point along the course that they are able to get to outside of Mystic Park.
- ✓ Pacers who are not officially registered, we will not provide any form of assistance on course. It is strictly not allowed to spectate runners in Mystic Park. We do ask that no one joins a runner on course in the 10k, 20k and Marathon as there is simply too much congestion on the trail.
- ✓ Mandatory gear must be carried at all times in the race. Any runner found without a piece of mandatory gear can be penalised by the Race Director in time or disqualification.
- ✓ Dogs are NOT permitted in the Mount Buffalo National Park.
- ✓ Dogs are not permitted to run with any runner in the race. Our field sizes are just too large to allow dogs to join their runners on course.
- ✓ Drones are NOT permitted to be used anywhere in and around the Buffalo Stampede Festival, unless authorised by the Event Organisers.
- ✓ The intersection of Buckland Valley Road, Harris Road and Egglestons Lane is actively managed by traffic controllers throughout the event on Saturday and Sunday. There will be a small number of other road crossings. Speed limit reduction and warning signs will be employed, but be aware you may be delayed a minute. Beware of cars. Traffic Controllers and course marshals will endeavour to assist you in crossing, but you should stay alert.
- ✓ All athletes must agree to the event's [Terms and Conditions](#)



100km BRIGHT Ultra



BRIGHT ULTRA 100K

COURSE DESCRIPTION

An epic course from the alpine township of Bright, to the Horn, the highest point of the Mount Buffalo National Park, and back. With 5,131 metres of elevation gain over 101.6km, this is a challenge for your mind, body and your love of the mountains.

Starting at 6am at The Trailhead at the Pavillion, runners will only have 1.8km to warm up before the first climb up Emily's Spur (1.7km, 440m+) to the summit of Mystic. Then they will descend some technical MTB single trails and dirt roads to the Bakers Gully Aid Station. From here the race turns upwards again via Middle Track (2km with 510m+), a technical climb with steep sections. The first 10k of the race is the hardest, with over 1,000m+ of vertical gain.

The Race then makes its way around to Clearspot Aid Station, with Stunning views of the course that awaits. Take a quick breather before the long undulating descent of Snake Ridge. This descent has some kickers in it so don't turn off the climbing legs yet, and enjoy the views!

Traverse the 3 km of road across the Buckland Valley before starting the climb up Keatings Ridge, which is your entrance into Mount Buffalo National Park. Descend the other side of this serene dirt road, down to Eurobin Creek Aid Station.

The Big Walk awaits, with 10km and 1000m+ of climbing. This climb will take you on a journey through the steep

lower slopes, to the gently pitched single track in the middle, to the rocky sections around Mackays with exceptional views, to finally spitting you out at the Chalet.

From here you begin the 28km of the course on the Mount Buffalo Plateau where you traverse lands that home plants found nowhere else on earth. These trails are remote and beautiful. Settle into your rhythm at altitude and enjoy Lake Catani, Long Plain Track, the Cathedral and the Hump. Runners summit the Horn at over 1,723 metres to 360' degree views of the National Park plateau and the Australian Alps.

Loop your way back to the Chalet past Mt Dunn, the reservoirs and the Monolith Track. Here you truly are on your way home with the big descent off the mountain down the Big Walk. Retrace your steps over Keatings Ridge and through the Buckland to the bottom of Dingo Ridge Climb.

Dingo Ridge is your final test, coming 88 km into the race, it is the final climb but a big one, with 757m+ over 6.3km to Clearspot. Recoup at the Aid Station, then bomb the last downhill direct to Town. The descent off Clearspot to Bakers Gully is steep in sections, but is broken up nicely into different gradients, and is 4.7km with 661m-.

From the bottom there is 2.2km to go! Scoot around some local singletracks and dirt roads, before hitting the tarmac down Ballroom court with 640m to go. Cross Coronation Avenue with CARE, bomb down the grassy slope, where you will see the long awaited finish line at the Pavillion in Pioneer Park!

PRIZE MONEY

First Male & Female: \$1000
Second Male & Female: \$600
Third Male & Female: \$300



BRIGHT ULTRA 100K

COURSE STATS

Checkpoint	Leg Statistics			Cumulative Statistics			First Runner	Cut-off	
	Distance (km)	Ascent (m)	Descent (m)	Distance (km)	Ascent (m)	Descent (m)	Time	Day	Time
Start - Bright	0	0	0	0	0	0	06:00	SAT	06:00
Bakers Gully	8.2	526	406	8.2	526	406	06:50	SAT	08:00
Clearspot OUT	4.8	675	118	13	1201	524	07:25	SAT	10:00
Buckland OUT	9.3	231	942	22.3	1432	1466	08:10	SAT	11:30
Eurobin OUT	8.1	350	325	30.4	1782	1791	08:50	SAT	13:15
Chalet OUT	10.2	1035	83	40.6	2817	1874	10:15	SAT	16:00
Cresta OUT	9	404	258	49.6	3221	2132	11:15	SAT	18:30
Cresta IN	7	262	262	56.6	3483	2394	12:00	SAT	20:30
Chalet IN	11.6	363	503	68.2	3846	2897	13:10	SUN	00:00
Eurobin IN	10.2	83	1035	78.4	3929	3932	14:10	SUN	02:45
Buckland IN	8.1	325	350	86.5	4254	4282	15:00	SUN	05:15
Clearspot IN	7.6	800	88	94.1	5054	4370	16:05	SUN	08:00
Finish - 100km	6.9	77	761	101	5131	5131	16:40	SUN	10:00

ESTIMATED RUNNER SPLITS

Finish Time	12:00		14:00		16:00		18:00		20:00:00		Ultra Grand Slam Slowest pace 22:00:00		24:00:00		26:00:00	
	Splits	TOD	Splits	TOD	Splits	TOD	Splits	TOD	Splits	TOD	Splits	TOD	Splits	TOD	Splits	TOD
Bakers	0:50	6:50	0:59	6:59	1:07	7:07	1:16	7:16	1:24	7:24	1:32	7:32	1:41	7:41	1:49	7:49
Clearspot (1)	0:47	7:37	0:55	7:53	1:02	8:10	1:10	8:26	1:18	8:42	1:26	8:58	1:34	9:14	1:41	9:31
Buckland (1)	0:50	8:28	0:59	8:52	1:07	9:17	1:16	9:41	1:24	10:06	1:32	10:31	1:41	10:55	1:49	11:20
Eurobin (1)	0:43	9:11	0:50	9:43	0:58	10:14	1:05	10:46	1:12	11:18	1:19	11:50	1:26	12:22	1:34	12:53
Chalet (1)	1:26	10:37	1:41	11:23	1:55	12:10	2:10	12:56	2:24	13:42	2:38	14:28	2:53	15:14	3:07	16:01
Cresta (1)	1:05	11:42	1:16	12:39	1:26	13:36	1:37	14:33	1:48	15:30	1:59	16:27	2:10	17:24	2:20	18:21
Cresta (2)	0:50	12:32	0:59	13:38	1:07	14:43	1:16	15:49	1:24	16:54	1:32	17:59	1:41	19:05	1:49	20:10
Chalet (2)	1:19	13:52	1:32	15:10	1:46	16:29	1:59	17:47	2:12	19:06	2:25	20:25	2:38	21:43	2:52	23:02
Eurobin (2)	1:12	15:04	1:24	16:34	1:36	18:05	1:48	19:35	2:00	21:06	2:12	22:37	2:24	0:07	2:36	1:38
Buckland (2)	0:58	16:01	1:07	17:41	1:17	19:22	1:26	21:02	1:36	22:42	1:46	0:22	1:55	2:02	2:05	3:43
Clearspot (2)	1:19	17:20	1:32	19:14	1:46	21:07	1:59	23:01	2:12	0:24	2:25	1:24	2:38	4:41	2:52	6:34
Finish	0:40	18:00	0:46	20:00	0:53	22:00	0:59	0:00	1:06	2:00	1:13	3:00	1:19	6:00	1:26	8:00

*TOD = Time of day



BRIGHT ULTRA 100K TEAM RELAY

DESCRIPTION OF EACH LEG

Each Leg in this relay is unique and so it's important to pick your team wisely.

LEG 1 is perhaps the hardest with the most climbing and also the furthest. It has three climbs and three downhills! The first two climbs are very punchy and picking someone who is a good hiker is probably best.

LEG 2 is the Uphill Leg. The Big Walk is a massive climb and the biggest on course. However it is also runnable for the right person. Which one of you can move swiftly on a 10% grade? This is the shortest leg so perhaps a specialist in high octane racing?

LEG 3 is the technical Downhill Leg. This Leg also summits the Horn at 1723m+. If perhaps anyone has some altitude training in the legs then that could help... These trails are prime for someone who has good trail technique, especially on the long rocky downhill of the Big Walk.

LEG 4 is the Late Shift. It's very possible this runner will be out there at night. Someone who has good experience in the dark and stern resolve would suit the bill. Someone who has a good kick on them might help if it comes down to a sprint finish!

PACERS

A New addition to the Bright Ultra in 2024 will be the added option of having a pacer from the Mount Buffalo Chalet (68.2km) to the FINISH. A runner can only have one pacer with them on course at any time, however that pacer can interchange with someone else at any point. They must change the pacing bib over.

This has been added to assist runners who might have fear of running through the night. It will also potentially improve runners' experience of the race in the final stages. On top of this we expect it might help some athletes to run faster with the right choice of mental coach to run with.

The charge for a pacer is \$50 to cover insurance, aid station supplies and admin. No additional charge interchanging pacers.

DROP BAGS

An "Athlete Bag Drop" service will be managed by a team of volunteers at the 100k registration desk.

This service is exclusive to 100km Bright Ultra athletes.

The Aid Stations where these Drop Bags will be made available will be via Eurobin (inbound / outbound) and Cresta Valley (inbound / outbound).

Athletes are requested to provide all gear in their own labelled, insulated, zipped "Woolworths-type" bag where practical. Please clearly identify it with your bib number and the appropriate Aid Station (Eurobin / Cresta Valley).

COURSE STATS

LEG	Leg Statistics			First Runner	Cut-off	
	Distance (km)	Ascent (m)	Descent (m)	Time	Day	Time
1	30.4	1782	1791	08:45	SAT	13:15
2	19.2	1439	341	11:00	SAT	18:30
3	28.8	708	1800	13:45	SUN	00:00
4	22.6	1202	1199	16:00	SUN	10:00

SKY MARATHON 42K

PRIZE MONEY

First Male & Female: \$500
 Second Male & Female: \$300
 Third Male & Female: \$150

COURSE DESCRIPTION

Starting at the Mount Buffalo Chalet, athletes will cover 9km up the top of the Mount Buffalo Plateau on a mix of dirt road, dreamy singletrail and 1.3km of road. Experience Lake Catani, The Monolith trail and the Underground River Track.

Descend down the epic Big Walk, 10k trail descending 1000m, to Eurobin Picnic Ground. Watch out for the technical trail at Mackey's Lookout and try not to trip when marvelling at the views.

Grind over Keatings Ridge, Up and Down 6km with 310m+-. This dirt road brings you through a serene forest of the beautiful Mount Buffalo National Park.

Traverse the 3km of road in the Buckland Valley. Be sure to enjoy the faster running and see your crew along Harris Lane.

Now comes the crux of the race, the Dingo Ridge climb to Clearspot!

From the Right Turn onto Dingo Ridge Road to the Clearspot Aid Station you'll climb 757m+ over 6.29km. The climb is a beast, and situated at this stage of the race it can really hurt. Also, it can get very hot, so make sure you carry extra water from the Buckland Aid Station.

From the Spectacular views of Clearspot it's all downhill to the finish!! The race now has a fast finish for those who saved their legs. The descent off Clearspot to Bakers Gully is steep in sections, but is broken up nicely into different gradients, and is 4.7km with 661m-.

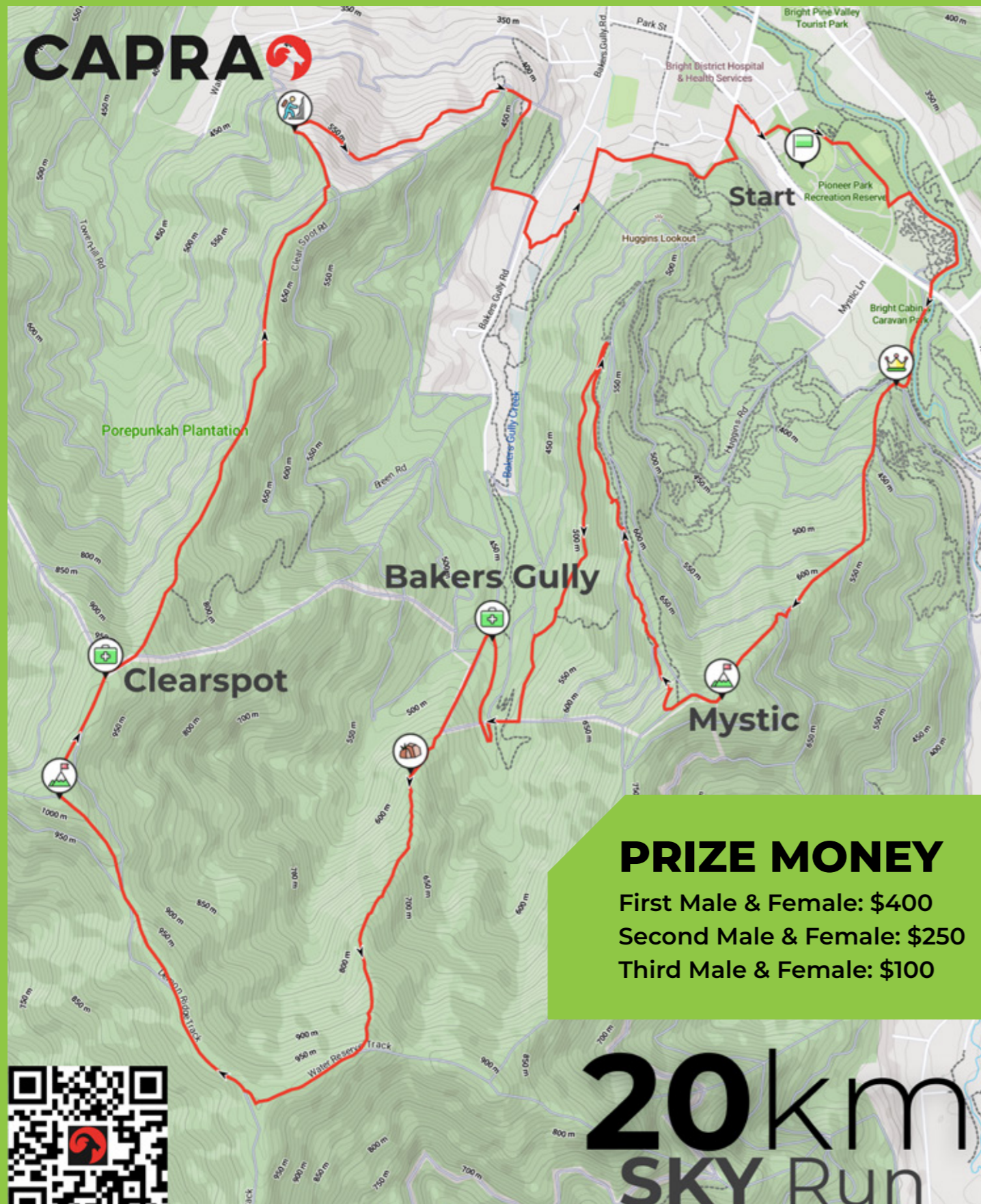
From the bottom there is 2.2km to go, scooting around some local single tracks and dirt roads, before hitting the tarmac down Ballroom court with 640m to go! Cross Coronation Avenue with CARE, bomb down the grassy slope, where you will see the long awaited finish line at the Pavilion in Pioneer Park!



COURSE STATS

Checkpoint	Leg Statistics			Cumulative Statistics			First Runner	Cut-off
	Distance (km)	Ascent (m)	Descent (m)	Distance (km)	Ascent (m)	Descent (m)	Time	Time
Start - Chalet	0	0	0	0	0	0	07:00	07:00
Chalet	9.6	273	273	9.6	273	273	07:40	09:00
Eurobin	10.2	83	1035	19.8	356	1308	08:20	11:30
Buckland	8.1	325	351	27.9	681	1659	09:00	13:30
Clearspot	7.6	800	88	35.5	1481	1747	09:55	16:00
Finish - 42km	6.9	77	761	42.4	1558	2508	10:25	18:00





PRIZE MONEY
 First Male & Female: \$400
 Second Male & Female: \$250
 Third Male & Female: \$100

20km
SKY Run

SKY RUN 20K

COURSE DESCRIPTION

A true Skyrunning experience. This gnarly loop from Bright, to Mystic and Clearspot has a bit of everything.

Start at 7 am Saturday morning from the Trailhead at the Pavilion. Runners will only have 1.8km to warm up before the first climb up Emily's Spur (1.7km, 440m+) to the summit of Mystic. Then they will descend some technical MTB single trails of Elevation and Hades, and dirt roads to the Bakers Gully Aid Station.

From here the race turns upwards again via Middle Track (2km with 510m+) the toughest challenge of the race. A technical climb with steep sections and a few false summits. The first 10k of the race is the hardest, with over 1,000m+ of vertical gain!

From the top, skirt around the ridgeline over some punchy rollers to Clearspot.

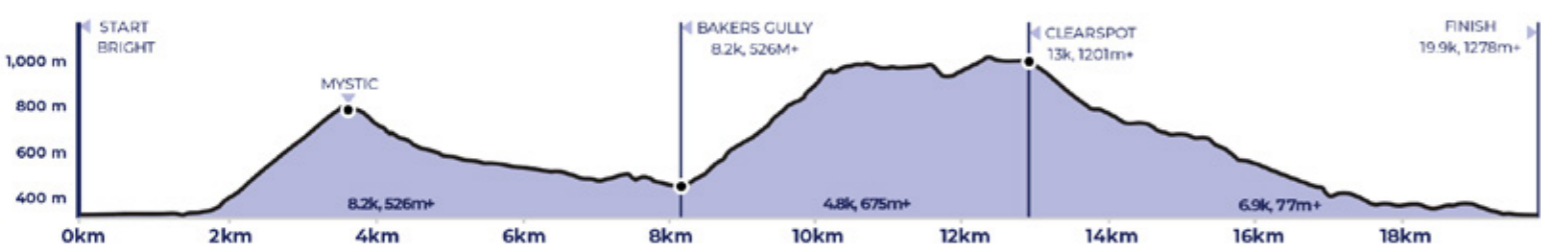
A welcome aid station with spectacular views of Bright and the surrounding ridges. Stay a moment and marvel at Mount Buffalo, Mt Feathertop and Mt Bogong, the highest mountain in Victoria.

From Clearspot it's all downhill to the finish!! The race now has a fast finish for those who saved their legs. The descent off Clearspot to Bakers Gully is steep in sections, but is broken up nicely into different gradients, and is 4.7km with 661m-.

From the bottom there is 2.2km to go! Scoot around some local single tracks and dirt roads, before hitting the tarmac down Ballroom court with 640m to go. Cross Coronation Avenue with CARE, bomb down the grassy slope, where you will see the long awaited finish line at the Pavilion in Pioneer Park!

COURSE STATS

Checkpoint	Leg Statistics			Cumulative Statistics			First Runner Time	Cut-off Time
	Distance (km)	Ascent (m)	Descent (m)	Distance (km)	Ascent (m)	Descent (m)		
Start - Bright	0	0	0	0	0	0	07:00	07:00
Bakers Gully	8.2	526	406	8.2	526	406	07:40	09:00
Clearspot	4.8	675	118	13	1201	524	08:15	11:00
Finish	6.9	77	761	19.9	1278	1285	08:40	13:00





SKY SPRINT 10K

COURSE DESCRIPTION

Kicking off the weekend is the Bright Twilight SkySprint: a fun route which conquers Bright's famous climb up Emily's Spur to Mystic. It will give runners a sense of achievement and an amazing view in the twilight hours.

Start at 6 pm Friday arvo from the Trailhead at the Pavillion. Runners will only have 1.8km to warm up along the river before the climb up Emily's Spur (1.7km, 440m+) to the summit of Mystic. Runners can soak in the views of Bright and surrounding ridgelines. Look left to see the high slopes of Mount Buffalo is the distance.

Now comes the descent. Runners will start down Elevation MTB trail and stay on it til Hazeldine Road. This trail can be steep and technical in sections, as can Corkscrew, which is the next trail you will tackle. Once down the steeper sections, you can enjoy the faster, flatter trails of Grevid's Way and down Up and At Em. From here link up to the river and follow it back to Pioneer Park where the finish line awaits!

COURSE STATS

Checkpoint	Leg Statistics			Cumulative Statistics			First Runner	Cut-off
	Distance (km)	Ascent (m)	Descent (m)	Distance (km)	Ascent (m)	Descent (m)	Time	Time
Start - Bright	0	0	0	0	0	0	17:30	17:30
Mystic Launch	3.7	481	14	3.7	481	14	17:55	19:00
Finish	6.7	42	509	10.4	523	523	18:20	20:30

BRIGHT ULTRA GRAND SLAM 152K

COURSE DESCRIPTION

The ultimate ultra challenge: testing your mind, body and love for the mountains.

The Bright Ultra Grand Slam is a three-day stage race, where athletes must complete the Twilight SkySprint 10km

on Friday, the Bright Ultra 100km on Saturday and the Buffalo Stampede SkyMarathon 42km on Sunday.

By Sunday afternoon you will be just shy of the classic 100-miler distance, with a combined 152k in your legs.

BUFFALO STAMPEDE GRAND SLAM 72K

COURSE DESCRIPTION

A sharp and punchy stage race: where you'll have to step up every day to cover a combined 72k of amazing trail experiences.

The Buffalo Stampede Grand Slam is a three-day stage race, where athletes

must complete the Bright Twilight SkySprint 10km on Friday, the Bright SkyRun 20km on Saturday and the Buffalo Stampede SkyMarathon 42km on Sunday.





FAMILY 5K TRAIL RUN

COURSE DESCRIPTION

Start at the Trailhead at the Pavillion and head out to the River trails. Go Left at the river and run along the beautiful single trails on the west bank of Morses Creek.

Cross the river at the Hawthorn Lane Bridge and then head back south along

the east bank trails. Pass the first bridge and continue along until you come to the link up to the Roger Pakenham Trail.

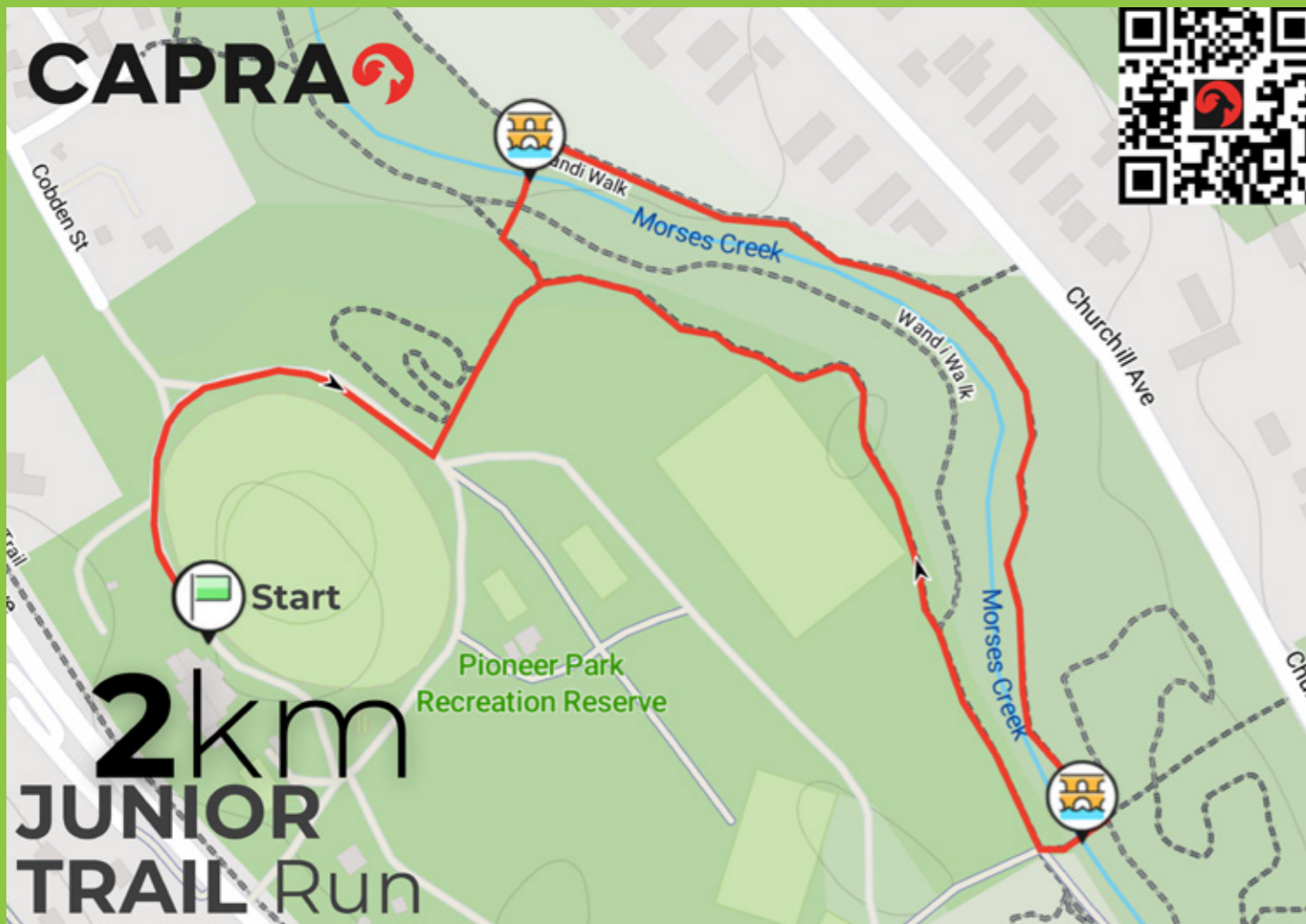
You will run the entire Roger Pakenham Trail, which is a fun twisty, turny MTB trail. It will bring you back north and across another swing bridge, back to the west side of the river. Head back towards the finish along some final river trails before retracing your very first steps back through the finish arch!

Arrive By: 10:45 am

START time: 11:15 am

Stick around eat food and cheer on the kids race





JUNIOR 2K TRAIL RUN

COURSE DESCRIPTION

Starting at the Trailhead at the Pavillion, runners will head out to Morses Creek and turn Left and then Right to run across the swing bridge. After the bridge the course turns right and follows the North side of the river on a beautiful trail.

Once arriving at the second swing bridge, the kids will turn Right and cross over the river again before turning Right again and sticking to the trail on the South side of the river. Once back to complete the river loop, the kids then turn Left and head for home for the final sprint to the finish!

Arrive By: 11:30 am

START time: 12:00 pm

Stick around eat food and cheer on the 20k and 100k legends into the late arvo

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